



Bedfordshire Amateur Swimming Association

(Affiliated to the ASA East Region)

The Bedfordshire County

Masters Meet – 3 July 2010

(Under Masters Swimming Rules and Technical Swimming Rules)

This meet is designed to offer competitive opportunity for Masters swimmers within the County.

The single session comprising the 2010 Masters Meet will be held at Bedford High School for Girls, Bromham Road, Bedford MK40 2BS on July 3rd. The BHS pool is a six lane 25m pool with adjacent on site parking. All events will be deck seeded on entry time and **Over the Top Starts** will be used except in Backstroke events. Warm up will be at 6.05 pm with events starting at 7.00 pm. Registration is required by 6.20 pm

ELIGIBILITY and ENTRIES

Entries are invited from Senior and Masters swimmers who are members of clubs within Bedfordshire. Age groups will be: Seniors= 18/24; A=25/29; B=30/34; C=35/39; D=40/44; E=45/49; F=50/54; G=55/59; H=60/64; J=65/69; K=70/74; L=75/79; M=80/84; N=85 plus. All ages are at 31st December 2010.

Entries must be submitted on the entry forms (or photocopies). One form per competitor. All swimmers must be current ASA Category 1 or 2 members. Individual Events £2-50 per event; Spectator entry including programme £2-50.

Depending on the volume of entries we may need to reject entries for the 200m events to keep to the time available, whilst still accepting entries to the other events. Entries to 200m events will be accepted on a first come first served basis. Entrants and clubs should also be aware that if support for this meet is less than 100 swims it will be cancelled.

All entries must be received by the closing date, Monday 7th June 2010. Entries received after this date may be accepted at the discretion of the promoter. The promoter reserves the right to close entries early in order to ensure that the Meet runs to time. Entries will be accepted on a first come, first served basis. Events may be cancelled at the discretion of the promoter should the meet start to run late. Any entry fees paid for declined entries or cancelled events will be refunded in full. No other refunds will be given. The promoter for this meet is Bedfordshire County ASA.

Heats will be arranged based on the submitted times on the entry form, from slowest to fastest. Swimmers should enter an estimate (realistic) of the time they expect to be able to swim. Over the top starts may be used, except for backstroke. All 200m events will be swum in mixed heats. All events will be decided on a Heat Declared Winner system.

Confirmation of accepted entries will be sent to clubs by email / posted on the county website. Competitors should check the confirmation of accepted entries carefully. Most errors can be corrected prior to the meet. It is most unlikely that errors will be corrected on the day.

Registration.

The meet will be run on a "registration basis" for individual events. That is, individual competitors will need to sign in for each event that they have entered to signify that they are present and intend to swim in that event.

Registration will close at 6.20pm. Swimmers who have not registered prior to this time may be able to swim in any empty lanes in the first heat, but otherwise may not be able to swim.

SAFETY

Competitors and coaches should note that when diving into shallow water all competitors must have reached the standard of the ASA Competitive Start Award. All athletes must be under the supervision of the Club Coach or a designated Club official at all times during the warm up, competition and in the vicinity of the pool. All participants must observe the safety precautions in operation at Bedford High school. Neither the promoter nor Beds ASA will be responsible for loss or damage occurring during the meet. It is the responsibility of all competitors to ensure that they are in good health and are fit to compete.

Contact details.

For further information please contact the County Masters Secretary, P V Dowsett, 9 King Street, Potton, SG19 2QT (telephone 01767 260448) or by email to bwsc@biggleswadesc.org or pvdowsett@btinternet.com.

Any matters concerning the meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the Promoter. The Promoter reserves the right to change the Meet rules at their discretion.

Results will be available on the beds county asa website (www.bedscountyasa.com) as soon as possible after the meet



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SCHEDULE OF EVENTS

Warm-up 6.05pm

Start 7:00pm

Registration by 6:20pm

Event		
1	Ladies	100m IM
2	Mens	100m IM
3	Ladies/Mens	200m Freestyle
4	Ladies	50m Backstroke
5	Mens	50m Backstroke
6	Ladies	100m Breaststroke
7	Mens	100m Breaststroke
8	Ladies	50m Freestyle
9	Mens	50m Freestyle
10	Ladies	100m Butterfly
11	Mens	100m Butterfly
12	Ladies	50m Breaststroke
13	Mens	50m Breaststroke
14	Ladies	100m Backstroke
15	Mens	100m Backstroke
16	Ladies	50m Butterfly
17	Mens	50m Butterfly
18	Ladies	100m Freestyle
19	Mens	100m Freestyle

AWARDS

There will be no medals or trophies at this meet but if this meet is successful we may hold one next year and will consider awards.



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Individual Entry Form**

Please use BLOCK LETTERS and make sure that the form is complete and correct, otherwise your entry will not be accepted

ASA REGISTRATION NUMBER																			
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FAMILY NAMEGIVEN NAME DATE OF BIRTH **DD / MM / YYYY**
(As it appears on your ASA ID Card)

Male / Female (please circle)

CLUB AGE AT **31/12/2010**

HOME ADDRESS

POSTCODE HOME TELEPHONE No

Convert submitted times, where necessary, to 25 metres by use of the ASA Equivalent Performance Tables. Second decimal places should be disregarded before conversion and the conversion made to one decimal place.

Event no:		EVENT	
F	M		
8	9	50m Freestyle	
18	19	100m Freestyle	
3	3	200m Freestyle	
4	5	50m Backstroke	
14	15	100m Backstroke	
16	17	50m Butterfly	
10	11	100m Butterfly	
12	13	50m Breaststroke	
6	7	100m Breaststroke	
1	2	100m IM	

Closing date for all entries is Midnight on June 7th 2010

Total number of events entered = x £2.50 = £ Make Cheques payable to

I hereby declare that the above particulars are correct and that I am an eligible competitor and will abide by the conditions laid down by the Association for this competition.

Signature of Competitor Date

Club Official's Signature Date

