



## **Bedfordshire Amateur Swimming Association**

**(Affiliated to the ASA East Region)**

### **The Bedfordshire County**

## **Development Meet – 24 September 2011 (4ER1462)**

**(Under ASA Laws & ASA Technical Rules)**

The 2011 Bedfordshire County Development Meet is designed to offer competitive opportunity for swimmers who are seeking qualification for the 2012 County Championships. To that end the schedule consists mainly of events which are less frequently available at local open meets.

The single session comprising the 2011 Development Meet will be held at The Saxon Pool & Leisure Centre, Saxon Drive, Biggleswade, SG18 8SU (eight lane 25m pool). A Level 4 Licence has been applied for. All events will be deck seeded on entry time and **Over the Top Starts** will be used except in Backstroke events.

### **ELIGIBILITY**

Entries will only be considered where achievement of times within the range of the Qualifying times and Upper Limit Times are attained in the six months prior to the start of the competition. This condition will also apply to those athletes in possession of an ASA Certificate of Swimming Disability or a Functional Ability Card for whom entry times lying between the slowest QT and Fastest ULT times are required. To be compatible with age ranges for the 2012 County Championships, the age bands for Qualifying Times and Upper Limit Times are age as at 11 March 2012.

As the 2010 event had to restrict swimmers after entry to only two events, this year swimmers may only enter two events to avoid oversubscription. If despite this limit the meet does become over subscribed the promoter reserves the right to reject entries. The promoter's decision is final. Entries will be rejected on the following grounds (and in this order) :

- Swimmers who submit a time outside the qualifying envelope for the meet
- Swimmers who swam the specific 200m event in the 2011 County Championships
- Swimmers who entered more than four events at the 2011 County Championship
- Slowest entry times from all age groups.

Full refunds will be given for rejected entries.

Athletes must be at least **9 years old**, as at 24 September 2011, registered as a Category Two member of the ASA and a member of a Bedfordshire affiliated Club as at 30 June 2011.

### **DATES & TIMES**

The Development Meet will be held on Saturday 24 September 2011. Warm up is planned for 6.20pm with the competition to start at 6.50pm. There will be no competitor or spectator entry to the Saxon Pool complex before 6.15 pm.

### **WARM UP PROCEDURE**

A controlled warm up system will be operated. There are no swim-down facilities. More details will be available in the programme and will be displayed on the Bedfordshire County ASA web site at [www.bedscountyasa.com](http://www.bedscountyasa.com).

### **SECONDARY ENTRY**

There is **NO** secondary entry (card posting) in this competition, however, all events will be deck seeded. Notice of withdrawal, shall be reported to the Recorders, located on the pool deck, at least 25 minutes before the **start of the session**. Withdrawals after the 25 minute deadline may only be made on medical grounds and must be notified by the club coach to the Recorders. Failure to comply with these conditions shall result in a fine of £5 payable by the athlete or by their Club in case of default.

### **SAFETY**

Competitors and coaches should note that when diving into shallow water all competitors must have reached the standard of the ASA Competitive Start Award. All athletes must be under the supervision of the Club Coach or a Team Manager at all times during the warm up, competition and in the vicinity of the pool.

### **AWARDS**

There will be no medals or trophies at this meet which is designed to enable athletes to achieve qualifying times for the 2012 County Championships.

### **ENTRIES**

The official or photocopies of the official entry form must be used for all entries and when completed should be returned with the relevant fee via your club. Entries close at midnight on 30 June 2011.

### **FEES**

- Individual Events £3.00 per event. Clubs to pay by 30 June 2011 using a composite cheque made payable to Beds ASA or by BACS transfer.
- Spectator entry including programme £2-50.

**Closing date for all entries is Midnight on 30 June 2011**



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**Individual Entry Form**

Please use BLOCK LETTERS and make sure that the form is complete and correct, otherwise your entry will not be accepted

ASA REGISTRATION NUMBER																			
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FAMILY NAME ..... GIVEN NAME ..... DATE OF BIRTH **DD / MM / YYYY**  
(As it appears on your ASA ID Card)

MALE / FEMALE (please circle)

CLUB ..... AGE AT **11/03/12** .....

HOME ADDRESS .....

POSTCODE ..... HOME TELEPHONE No .....

**Notes:**

- Convert submitted times, where necessary, to 25 metres by use of the ASA Equivalent Performance Tables. Second decimal places should be disregarded before conversion and the conversion made to one decimal place
- Closing date for entries is midnight 30 June 2011
- No swimmer may enter more than two events
- In selecting which two events to enter swimmers should be aware that for some events there may only be one heat and consequently the recovery time between events may be limited.

Event No:		Event	Entry Time mm:ss.hh
G	B		
9	10	200m Freestyle	
3	4	200m Backstroke	
7	6	200m Breastsroke	
5	8	200m Butterfly	
1	2	200m IM	

Total number of events entered =  x £3.00 = £  *Make Cheques payable to your own club who will pay Beds ASA in a single payment*

I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of the ASA and will abide by the conditions laid down by the Association for this competition.

Signature of Competitor ..... Date .....

Club Official's Signature ..... Date .....



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**SCHEDULE OF EVENTS**

Event 1	Girls all ages 200m Individual Medley
Event 2	Boys all ages 200m Individual Medley
Event 3	Girls all ages 200m Backstroke
Event 4	Boys all ages 200m Backstroke
Event 5	Girls all ages 200m Butterfly
Event 6	Boys all ages 200m Breaststroke
Event 7	Girls all ages 200m Breaststroke
Event 8	Boys all ages 200m Butterfly
Event 9	Girls all ages 200m Freestyle
Event 10	Boys all ages 200m Freestyle

Entry information is also available on our web site at [www.bedscountyasa.com](http://www.bedscountyasa.com)



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**Notes for Clubs**

- All entry information is available on the Beds ASA web site at [www.bedscountyasa.com](http://www.bedscountyasa.com)
- Clubs seeking clarification on any matters should contact Pat Dowsett at [pvdowsett@btinternet.com](mailto:pvdowsett@btinternet.com)
- All entries should be submitted via clubs, to Pat Dowsett, 9 King Street, Potton, SG19 2QT no later than 30 June 2011
- The appropriate fee must be sent by 30 June 2011, using a club cheque made payable to 'Beds ASA', directly to:  
Gerry Metcalf,  
Beds ASA Treasurer  
3 Farsands  
Oakley  
Bedford  
MK43 7SJ
- Clubs wishing to pay by BACS Transfer must contact Gerry Metcalf by email at [gerry.metcalf@sky.com](mailto:gerry.metcalf@sky.com) to arrange this
- Clubs will be asked to provide sufficient ASA Technical Officials and poolside helpers to assist with the running of the competition.
- Poolside passes for coaches and Team Managers will be allocated, free of charge, in accordance with the number of entries. Clubs will be advised of allocations in due course.



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Upper Limit Times															
Boys								2011 CQT Ages as at 11.03.12	Girls						
9	10	11	12	13	14	15/16	17+		9	10	11	12	13	14/15	16/O
3:30.6	3:13.9	3:01.8	2:50.9	2:40.4	2:31.0	2:24.4	2:16.8	200m Free	3:32.5	3:14.5	3:01.7	2:50.6	2:42.9	2:37.7	2:31.6
3:52.3	3:35.4	3:20.6	3:09.2	2:56.9	2:46.2	2:38.2	2:30.2		200m Back	3:54.8	3:37.2	3:19.6	3:07.9	2:59.7	2:53.8
4:27.4	4:08.7	3:50.8	3:36.8	3:22.0	3:09.3	3:00.2	2:50.0	200m Breast	4:29.5	4:09.1	3:49.9	3:35.8	3:24.2	3:16.7	3:10.2
4:16.3	3:45.8	3:25.8	3:13.5	3:00.6	2:49.5	2:39.5	2:30.2	200m Fly	4:19.6	3:48.2	3:27.3	3:12.6	3:02.8	2:55.6	2:48.8
3:58.1	3:41.2	3:25.4	3:13.4	3:01.8	2:50.2	2:42.2	2:33.8	200m IM	4:00.5	3:41.2	3:25.2	3:12.7	3:04.3	2:58.0	2:51.3
Lower Qualifying Times															
Boys								B Grade	Girls						
9	10	11	12	13	14	15/16	17+		9	10	11	12	13	14/15	16/O
3:54.0	3:35.4	3:19.9	3:06.9	2:53.9	2:41.6	2:33.0	2:23.4	200m Free	3:52.8	3:34.0	3:18.2	3:04.7	2:54.3	2:47.6	2:39.8
4:17.5	3:58.1	3:40.4	3:26.4	3:11.4	2:57.5	2:47.5	2:37.2		200m Back	4:16.6	3:58.3	3:37.2	3:23.0	3:12.2	3:04.5
4:56.1	4:35.4	4:13.1	3:56.4	3:38.3	3:22.2	3:10.7	2:57.8	200m Breast	4:54.9	4:32.7	4:09.8	3:52.9	3:38.2	3:28.8	3:20.3
4:42.6	4:09.1	3:45.8	3:30.8	3:15.1	3:01.0	2:48.8	2:37.2		200m Fly	4:41.5	4:09.3	3:45.0	3:27.8	3:15.1	3:06.4
4:24.0	4:04.7	3:45.8	3:31.4	3:16.8	3:02.0	2:51.9	2:40.9	200m IM	4:30.5	4:06.4	3:47.4	3:30.8	3:19.8	3:12.2	3:03.1