

BEDFORDSHIRE AMATEUR SWIMMING ASSOCIATION

Affiliated to the ASA East Region



COUNTY RACING RECORDS
July 2010

Introduction (Beds ASA Constitution - Paragraph 12 Refers)

ASA Law as applied to English Records shall apply with the exception of the following.

Swimmers must be representing a club affiliated to the Association at the time the record is made or be swimming in ESSA events. Two Timekeepers shall be sufficient when using hand held timers. ASA Law shall be applied to decide the official time. There are no Team records.

If the foregoing conditions are met the times can only be recognised which are made at:-

- (a) The County Championships, Age Group Competitions or County Trials
- (b) Championships (ASA, ASA ER, ESSA Finals and divisional finals)
- (c) A representative match at County or higher level
- (d) Private attempts made under the supervision of the Association, when notice of the attempt shall been given to the County Hon. Secretary ten days beforehand, who will then make the required arrangements.
- (e) A Match, Trial, Competition or Championship not specified in (a) or (b) or (c) but which the Executive may decide is acceptable having taken due regard of all the circumstances under which a particular event was swum and a record claimed.

All applications for records under (b) or (c) or (e) above must be made by the swimmer to the Hon. Secretary of the association within twenty-one days of the event. This must be accompanied by the signed time card for verification.

Short course records may be made in a 33¹/₃ metre or 36²/₃ yard pools without conversion.

Abbreviations Used:

BWSC	BIGGLESWADE SWIMMING CLUB
CRU	CRUSADERS SWIMMING CLUB
DSC	DUNSTABLE SWIMMING CLUB
FDSC	FLITWICK DOLPHIN SWIMMING CLUB
HRSC	HOUGHTON REGIS SWIMMING CLUB
LBSC	LEIGHTON BUZZARD SWIMMING CLUB
LSC	LUTON SWIMMING CLUB
MBSS	MID BEDS SWIM SQUAD
MSC	MODERNIAN SWIMMING CLUB

JUNIOR SHORT COURSE - FEMALE

Freestyle						
50m	Yasmin Bithrey	BWSC	27.32	Mar	2010	Biggleswade
100m	Yasmin Bithrey	BWSC	58.23	Mar	2010	Biggleswade
200m	Yasmin Bithrey	BWSC	2:03.38	Mar	2010	Biggleswade
400m	Yasmin Bithrey	BWSC	4:20.76	Mar	2010	Biggleswade
800m	Yasmin Bithrey	MBSS	9:02.00	Mar	2010	Biggleswade
1500m	Harriet Brettle	BWSC	17:17.09	Mar	2007	Biggleswade
Backstroke						
50m	Rachael Mackie	FDSC	31.58	Nov	2000	Cambridge
100m	Natalie Effemey	MSC	1:05.11	Mar	2000	Biggleswade
200m	Natalie Effemey	MSC	2:17.70	Mar	2000	Biggleswade
Breaststroke						
50m	Charlotte Ovenden	MSC	35.09	Mar	2010	Biggleswade
100m	Charlotte Ovenden	MSC	1:15.64	Mar	2010	Biggleswade
200m	Sharon Best	MSC	2:42.13	Apr	1981	Barnet Copthall
Butterfly						
50m	Yasmin Bithrey	BWSC	30.10	Mar	2010	Biggleswade
100m	Yasmin Bithrey	BWSC	1:05.28	Mar	2010	Biggleswade
200m	Yasmin Bithrey	BWSC	2:22.27	Mar	2010	Biggleswade
Individual Medley						
100m	Yasmin Bithrey	BWSC	1:06.67	Mar	2010	Biggleswade
200m	Yasmin Bithrey	BWSC	2:23.17	Mar	2010	Biggleswade
400m	Yasmin Bithrey	BWSC	5:00.17	Mar	2010	Biggleswade

SENIOR SHORT COURSE - FEMALE

Freestyle						
50m	Carrie Willmott	LSC	26.66	Nov	1993	Leicester
100m	Carrie Willmott	LSC	57.40	Oct	1993	Ipswich
200m	Yasmin Bithrey	BWSC	2:03.38	Mar	2010	Biggleswade
400m	Yasmin Bithrey	BWSC	4:20.76	Mar	2010	Biggleswade
800m	Harriet Brettle	MBSS	8:59.28	Nov	2009	Norwich
1500m	Harriet Brettle	BWSC	16:59.16	Feb	2008	Biggleswade
Backstroke						
50m	Natalie Effemey	MSC	31.01	Mar	2002	Biggleswade
100m	Natalie Effemey	MSC	1:05.11	Mar	2000	Biggleswade
200m	Natalie Effemey	MSC	2:17.09	Mar	2002	Biggleswade
Breaststroke						
50m	Julie Outtram	HRSC	35.06	Mar	1997	Biggleswade
100m	Alison Day	MSC	1:15.38	Apr	1989	Leighton Buzzard
200m	Sharon Best	MSC	2:42.13	Apr	1981	Barnet Copthall
Butterfly						
50m	Rebecca Warner	MSC	29.23	Mar	2007	Biggleswade
100m	Hayley Davis	MSC	1:04.90	Mar	2003	Biggleswade
200m	Hayley Davis	MSC	2:21.49	Mar	2003	Biggleswade
Individual Medley						
100m	Yasmin Bithrey	BWSC	1:06.67	Mar	2010	Biggleswade
200m	Natalie Effemey	MSC	2:23.07	Mar	2002	Biggleswade
400m	Yasmin Bithrey	BWSC	5:00.17	Mar	2010	Biggleswade

JUNIOR LONG COURSE - FEMALE

Freestyle						
50m	Joanne Drewitt	LSC	27.91	Apr	1987	Canada
100m	Yasmin Bithrey	MBSS	59.53	Jul	2009	Sheffield
200m	Joanne Drewitt	LSC	2:06.34	Aug	1987	Rome
400m	Joanne Drewitt	LSC	4:29.75	Jul	1988	Coventry
800m	Yasmin Bithrey	MBSS	9:20.06	May	2009	Norwich
1500m	Alice Marchant	MBSS	18:08.76	Apr	2009	Norwich
Backstroke						
50m	Harriet Brettle	MBSS	32.33	May	2007	Norwich
100m	Harriet Brettle	MBSS	1:07.49	May	2007	Norwich
200m	Jessica Jackson	MBSS	2:27.23	Jun	2010	Norwich
Breaststroke						
50m	Charlotte Ovenden	MSC	35.49	May	2010	Norwich
100m	Sharon Best	MSC	1:17.60	Aug	1980	Coventry
200m	Sharon Best	MSC	2:45.50	Aug	1980	Coventry
Butterfly						
50m	Joanne Drewitt	LSC	30.10	May	1988	Stockholm
100m	Joanne Drewitt	LSC	1:05.25	Aug	1988	Coventry
200m	Joanne Drewitt	LSC	2:26.30	Jul	1987	Coventry
Individual Medley						
200m	Joanne Drewitt	LSC	2:24.74	Apr	1987	Crystal Palace
400m	Joanne Drewitt	LSC	5:06.38	Aug	1988	Coventry

SENIOR LONG COURSE- FEMALE

Freestyle						
50m	Carrie Willmott	LSC	27.36	Jun	1993	Sheffield
100m	Carrie Willmott	LSC	59.20	Jun	1993	Sheffield
200m	Joanne Drewitt	LSC	2:06.34	Aug	1987	Rome
400m	Yasmin Bithrey	MBSS	4:27.97	May	2010	Norwich
800m	Harriet Brettle	MBSS	9:11.12	May	2009	Norwich
1500m	Harriet Brettle	MBSS	17:55.03	Feb	2009	Coventry
Backstroke						
50m	Harriet Brettle	MBSS	32.33	May	2007	Norwich
100m	Harriet Brettle	MBSS	1:07.49	May	2007	Norwich
200m	Carrie Willmott	LSC	2:24.23	Jun	1992	Sheffield
Breaststroke						
50m	Charlotte Ovenden	MSC	35.49	May	2010	Norwich
100m	Sharon Best	MSC	1:17.60	Aug	1980	Coventry
200m	Sharon Best	MSC	2:42.13	Aug	1980	Coventry
Butterfly						
50m	Rebecca Warner	MSC	29.23	Nov	2007	Norwich
100m	Joanne Drewitt	LSC	1:05.25	Aug	1988	Coventry
200m	Joanne Drewitt	LSC	2:26.30	Jul	1987	Coventry
Individual Medley						
200m	Joanne Drewitt	LSC	2:24.74	Apr	1987	Crystal Palace
400m	Joanne Drewitt	LSC	5:06.38	Jul	1988	Coventry

NOTE: Swimmers who believe that they have achieved a County Record must claim it within twenty-one days of achieving the time. Claims must be supported with time cards and/or results sheets duly signed.

JUNIOR SHORT COURSE - MALE

Freestyle

50m	Samuel Briggs	MSC	24.10	Mar 2009	Biggleswade
100m	Adam Ingledew	BWSC	53.32	Oct 2008	Sheffield
200m	Sean Downey	LSC	1:54.94	Mar 2004	Biggleswade
400m	Sean Downey	LSC	4:03.73	Mar 2004	Biggleswade
800m	Caleb Hughes	MBSS	8:21.71	Mar 2010	Biggleswade
1500m	Paul Bavister	LSC	15:32.26	Dec 1992	Southampton

Backstroke

50m	Caleb Hughes	BWSC	28.86	Mar 2010	Biggleswade
100m	Caleb Hughes	BWSC	1:00.69	Mar 2010	Biggleswade
200m	Caleb Hughes	BWSC	2:07.95	Mar 2010	Biggleswade

Breaststroke

50m	Ben Marmon	FDSC	32.04	Mar 2004	Biggleswade
100m	Paul Bavister	LSC	1:09.35	Jan 1992	Stoke Mandeville
200m	Matthew Hyde	LSC	2:31.07	Mar 1999	Biggleswade

Butterfly

50m	Samuel Briggs	MSC	27.57	Mar 2009	Biggleswade
100m	Samuel Briggs	MSC	1:00.03	Mar 2009	Biggleswade
200m	Sean Downey	LSC	2:11.26	Mar 2004	Biggleswade

Individual Medley

100m	Caleb Hughes	BWSC	1:02.59	Mar 2010	Biggleswade
200m	Paul Bavister	LSC	2:07.77	Dec 1992	Southampton
400m	Paul Bavister	LSC	4:32.26	Dec 1992	Southampton

SENIOR SHORT COURSE - MALE

Freestyle

50m	Samuel Briggs	MSC	24.10	Mar 2009	Biggleswade
100m	Adam Ingledew	BWSC	53.32	Oct 2008	Sheffield
200m	Sean Downey	LSC	1:54.94	Mar 2004	Biggleswade
400m	Sean Downey	LSC	4:02.15	Mar 2005	Biggleswade
800m	Caleb Hughes	BWSC	8:21.71	Mar 2010	Biggleswade
1500m	Paul Bavister	LSC	15:32.26	Dec 1992	Southampton

Backstroke

50m	Samuel Briggs	MSC	28.08	Apr 2010	Peterborough
100m	Samuel Briggs	MSC	59.07	Mar 2010	Biggleswade
200m	Caleb Hughes	BWSC	2:07.95	Mar 2010	Biggleswade

Breaststroke

50m	Alan Heskins	MSC	29.50	Mar 2005	Biggleswade
100m	Alan Heskins	MSC	1:04.43	Oct 2005	Sheffield
200m	Alan Heskins	MSC	2:23.10	Mar 2006	Biggleswade

Butterfly

50m	Steven Rees	MSC	26.52	Jan 2004	Grantham
100m	Sean Downey	LSC	58.13	Oct 2005	Sheffield
200m	Sean Downey	LSC	2:04.95	Nov 2004	Ealing

Individual Medley

100m	Alex Boyd	MSC	1:01.32	Mar 2006	Biggleswade
200m	Paul Bavister	LSC	2:07.77	Dec 1992	Southampton
400m	Paul Bavister	LSC	4:32.26	Dec 1992	Southampton

JUNIOR LONG COURSE - MALE

Freestyle						
50m	Adam Ingledew	MBSS	24.98	Apr	2008	Sheffield
100m	Adam Ingledew	MBSS	53.65	Jul	2008	Sheffield
200m	Paul Bavister	LSC	1:57.16	Aug	1992	Crystal Palace
400m	Paul Bavister	LSC	4:07.68	Aug	1992	Crystal Palace
800m	Caleb Hughes	MBSS	8:35.68	May	2010	Sheffield
1500m	Paul Bavister	LSC	16:09.54	Aug	1992	Crystal Palace
Backstroke						
50m	Caleb Hughes	MBSS	29.57	Jan	2010	Sheffield
100m	Caleb Hughes	MBSS	1:02.65	Jun	2010	Norwich
200m	Caleb Hughes	MBSS	2:12.59	Jun	2010	Norwich
Breaststroke						
50m	Matthew Hyde	LSC	33.08	May	1999	Coventry
100m	Andrew Loake	MSC	1:10.07	Aug	1981	Leeds
200m	Nicholas Cattle	LSC	2:36.16	Jul	2001	Coventry
Butterfly						
50m	Michael Pullan	LSC	28.02	Sep	1985	Coventry
100m	Andrew Pullan	LSC	1:01.20	Jul	1982	Leeds
200m	Sean Downey	LSC	2:11.69	Aug	2004	Sheffield
Individual Medley						
200m	Paul Bavister	LSC	2:13.44	Aug	1992	Crystal Palace
400m	Paul Bavister	LSC	4:40.16	Aug	1992	Crystal Palace

SENIOR LONG COURSE - MALE

Freestyle						
50m	Samuel Briggs	MSC	24.80	May	2010	Sheffield
100m	Adam Ingledew	MBSS	53.65	Jul	2008	Sheffield
200m	Sean Downey	LSC	1:56.41	Aug	2005	Sheffield
400m	Paul Bavister	LSC	4:07.68	Aug	1992	Crystal Palace
800m	Caleb Hughes	MBSS	8:35.68	May	2010	Sheffield
1500m	Paul Bavister	LSC	16:09.54	Aug	1992	Crystal Palace
Backstroke						
50m	Samuel Briggs	MSC	28.87	May	2010	Norwich
100m	James Carline	MSC	1:02.15	Nov	2006	Norwich
200m	Caleb Hughes	MBSS	2:12.59	Jun	2010	Norwich
Breaststroke						
50m	Alan Heskins	MSC	29.35	Aug	2006	Sheffield
100m	Alan Heskins	MSC	1:05.49	Aug	2006	Sheffield
200m	Alasdair Kerr	MBSS	2:33.06	May	2010	Norwich
Butterfly						
50m	Steve Rees	MSC	26.92	Jan	2003	Sheffield
100m	Daniel King	LSC	59.46	Apr	2004	Norwich
200m	Sean Downey	LSC	2:08.72	Aug	2005	Sheffield
Individual Medley						
200m	Paul Bavister	LSC	2:13.44	Aug	1992	Crystal Palace
400m	Paul Bavister	LSC	4:40.16	Aug	1992	Crystal Palace

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